



Essex Cross Country League – Round 4 – Writtle Sat 30th November

There was an individual win for James Stewart for the senior men and a team win for the senior women to confirm that they have lifted the league title with one match to spare, as the club jointly hosted the fourth round of the Essex Cross Country League with Chelmsford AC at a very muddy Writtle University course on Saturday.

The **Senior Women** made it three consecutive league wins to establish an unbeatable lead at the top of the league table with only the final match of five to come in the New Year. The squad welcomed back Birmingham University student Natalie Sewell for her first appearance this winter to place an excellent fourth as Lydia Smith repeated her sixth-place finish from Round 1. Robyn Matson was a fine ninth with Morgan Campbell two places back in 11th as the scoring four's 30-point tally was enough to hold off Chelmsford's challenge by two points. Hannah Evans again made the top 20 in 18th as twin Charlotte was 24th ahead of Clare Davies in 28th and Rebecca O'Rourke in 32nd as Amy Leech (81st) and Jane Hallam (107th) also saw action.

James Stewart had a great run to take his first ever Essex League win for the **Senior Men** tracking the leading Southend pair before coming out on top. James was followed home by Rob Warner in sixth place, which confirmed that Warner has won the Vet 40 individual league title with a race to go. Kieran O'Hara ran well for seventh, with Sam Atkins was next home in 27th place with Charlie Burgess 38th and Will Kirk one place back completing the second placed scoring team as Southend won again to confirm the league title. Sam Mahoney 43rd, Jason Lendon 51st, and Nathan Hart 65th were all in the top seventy, with Luke Chester 71st, Ian Anthony 73rd, Ryan Carroll 80th, Matt Bland 83rd, and Rob Trevor 87th, all making the top one hundred.

Shane Hart 102nd, Louis Berrett 123rd, Gary Atkins 150th, Steve Walker 160th. Graham Hogan 164th, Darren Priestley 194th, Paul Berrett 202nd and Tony Collins 223rd completed the 22-strong Havering squad.

After making the top 10 at the Liverpool Cross Challenge last week Freddie Rowe returned to county action to finish runner up in the **Under 17 race** as Sam Horsley was fifth, but the pair lacked a third scorer. In contrast the Under 17 women had a full turn out as Rosie Warner was 14th, Grace Tilson 16th and Daisy Leech 22nd combined to place fourth with Abi Rogers in 23rd.

Both **Under 15** teams placed fourth. Poppy Vines was a good sixth for the girls with Elena Williams in 19th, Jasmine Asmal in 21st and Daisy Cossey-Atkins in 25th made up the scoring four with Skye Eastman 43rd. Aidan Doherty and Joe Sewell were 12th and 13th for the boys as Jake Tregidgo was 24th on his debut with Sean Mugagga the fourth scorer and Ethan Carroll (40th), Liam Battrum 46th and George Wright 51st also providing support.

The **Under 13 Girls** were fifth thanks to Lucy Tregidgo (15th), Bethany Friel (17th), Eliza Mesher (24th) and 26th placed Megan Murphy the scorers with Elsie Smith 32nd. There were just two **Under 13 Boys** as Callum Millard Jennings was sixth and Cruz Carvell 23rd.

There is now a two-month gap before the league's fifth and final fixture at Hockley in February before which there are a number of championships starting with the Masters County Championship event at Writtle next Saturday (14th).

Essex Cross Country League – Round 4 – Results

Senior Men (six to score): 1st James Stewart 30:03; 6th Rob Warner M40 30:49; 7th Kieran O'Hara 30:57; 27th Sam Atkins 32:43; 38th Charlie Burgess U20 33:23; 39th Will Kirk M45 33:24; **(Team 2nd – 101 points)**; 43rd Sam Mahoney U20 33:40; 51st Jason Lendon M45 34:08; 65th Nathan Hart 34:49; 71st Luke Chester 35:10; 73rd Ian Anthony M45 35:13; 80th Ryan Carroll U20 35:36; 83rd Matt Bland M55 35:42; 87th Rob Trevor M45 35:52; 102nd Shane Hart U20 36:49; 123rd Louis Berrett 37:45; 150th Gary Atkins M55 39:35; 160th Steve Walker M55 40:08; 164th Graham Hogan 40:23; 194th Darren Priestley M55 42:47; 202nd Paul Berrett M60 43:29; 224th Tony Collins M45 47:46 **Teams:** 1st Southend 59; 2nd Havering 118; 3rd Thurrock 213; **League:** 1st Southend 5; 2nd Havering 9; =3rd Colchester H & Orion 17.

Veterans Teams (four to score): 1st Southend 96; 2nd Orion 128; 3rd Havering 169; **League:** 1st Orion 7; 2nd Havering 9; 3rd Colchester H 18.

Senior Women: 4th Natalie Sewell U20 29:14; 6th Lydia Smith 30:00; 9th Robyn Matson W35 30:41; 11th Morgan Campbell 31:12; **(Team 1st – 30 points)**; 18th Hannah Evans U20 32:11; 24th Charlotte Evans U20 32:53; 28th Clare Davies W35 33:35; 32nd Rebecca O'Rourke 34:01; 81st Amy Leech W40 38:59; 107th Jane Hallam W55 42:18; **Div. 1 Teams:** 1st Havering 30; 2nd Chelmsford 32; 3rd Colchester H 85; **League:** 1st Havering 5; 2nd Chelmsford 8; 3rd Colchester H 14

Under 17 Men: 2nd Freddie Rowe 19:31; 5th Sam Horsley 20:24; **(Team 5th)**; **Teams:** 1st Chelmsford 21; 2nd Colchester H 41; 3rd Colchester & T 41; 4th Harlow 54; 5th Havering; **League:** =1st Basildon & Chelmsford 11; 3rd Harlow 16; ...6th Havering 27

Under 17 Women: 14th Rosie Warner 27:23; 16th Grace Tilson 27:43; 22nd Daisy Leech 29:45 **(Team 4th – 52 points)**; 23rd Abi Rogers 30:08; **Teams:** 1st Brentwood Beagles 9; 2nd Basildon 28; 3rd Southend 30; 4th Havering 52; 5th Chelmsford & T 36. **League:** 1st Basildon 8; =2nd Chelmsford & Colchester & T 158th Havering 33

Under 15 Boys: 11th Aidan Doherty 15:40; 12th Joe Sewell 15:43; 24th Jake Tregidgo 16:26; 364th Sean Mugagga 17:00 **(Team 4th - 83 points)**; 40th Ethan Carroll 17:32; 46th Liam Battrum 17:55; 5st George Wright :50 **Teams:** 1st Chelmsford 35; 2nd Basildon 50; 3rd Southend 52; 4th Havering 83; **League:** 1st Basildon 6; 2nd Chelmsford 11; 3rd Southend 15; 4th Brentwood Beagles 18; 5th Havering 19.

Under 15 Girls: 6th Poppy Vines 17:11; 19th Elena Williams 18:37; 21st Jasmine Asmal 18:39; 25th Daisy Cossey-Atkins 19:26; **(Team 4th – 71 points)** 43rd Skye Eastman 22:15; **Teams:** 1st Chelmsford 14; 2nd Brentwood B 36; 3rd Basildon 56; 4th Havering 71. **League:** 1st Chelmsford 10; 2nd Basildon 12; =3rd Havering & Brentwood B 13.

Under 13 Boys: 6th Callum Millard Jennings 11:37; 23rd Cruz Carvell 12:41; **(Team 7th – 29 (2) points)** **Teams:** 1st Chelmsford 26; 2nd SS Athletics 28; 3rd Basildon 71; ...7th Havering 29 (2) **League:** 1st SS Athletics 6; 2nd Chelmsford 8; 3rd Basildon 15; 4th Havering 17.

Under 13 Girls: 15th Lucy Tregidgo 14:05; 17th Bethany Friel 14:14; 24th Eliza Mesher 14:40; 26th Megan Murphy 14:57; **(Team 5th – 82 points)**. 32nd Elsie Smith 15:45. **Teams:** 1st Brentwood B 32; 2nd SS Athletics 34; 3rd Chelmsford 37; 4th Colchester & T 73; 5th Havering 82; **League:** 1st SS Athletics 7; 2nd Brentwood B 16; 3rd Havering 19.

For action & team photos see Havering AC Facebook Group (members only)

Also Chelmsford's Steve Wilkin's pics at [Essex XC League Writtle \(full\) 30th Nov 2024 by Steve Wilkin](#)