## Youth Development League – Upper: Tooting Sunday 28th April 2024

Posn	Team Name	Points
1	Havering AC	609
2	Crawley AC	595
3	Brighton & Hove	580
4	Croydon Harriers	566
5	Tonbridge AC	506
6	Herne Hill Harriers	473
7	Medway & Maidstone	432
8	Bexley AC	302

Havering's YDL Under 17 and Under 20 squad top the Division 1 table after victory on the south coast after the second round fixture at Brighton on Sunday. Despite missing athletes due to exams and half-term absences the team came out on top over Crawley in a competitive match.

The **Under 17 Women's** team led the way with 10 wins. Eboni Roach starred on the field winning both the shot and discus in new PBs and finishing second in the hammer. There was a hat-trick of B string wins for Oma Nwapa in the sprint hurdles, long jump and high jump, and second claim athlete Lucy Chapelhow, on her debut in Havering colours, won the B 300m hurdles and discus and was third in the 'chase, as Scarlett Woods won the B chase and took full points in the vault, and was javelin runner up. Amy Mansell won the B shot and was second in the long jump and third in the 300m and there was a trio of second places for Maggie Smith in the 80m and 300m hurdles and high jump. Fisola Fagbadegun's 100m PB placed her second, as did the hard-working Grace Tilson in the B triple jump.

The **Under 17 Men's** squad had eight wins and six second places. Freddie Rowe won the 3000m and returned to add steeplechase victory on his second race at the event, in the third fastest time in the UK this summer and third on the club all-time Under 17 list. Findlay McLaren also notched up two wins in his 800m speciality and B high jump, as Ryan Alexander was second in the high jump A. Freddie, Findlay and Ryan were joined by Shea Sweeney who rounded the day off with victory in the 4x400m relay. There was field event success for James Brinton-Quinn with wins in B javelin and shot, and second in the A discus, and Freddie Hatcher who backed up his B discus win with second places in the A shot & hammer.

The small **Under 20 Women's** team had four wins with two of them coming from heptathlete Ruby Tillson in the high jump and B 200m, as Katie Ennis won the discus and was second in the hammer & B javelin, and Hannah Evans won the B 3000m. The best placings for the depleted **Under 20 Men's** squad were Teddy Matthews' second places in the 200m and 400m, and Michael Tesi's shot put second.

The short, three-match season concludes at Crawley on 30<sup>th</sup> June as the hosts will need to finish at least three places ahed of Havering to overturn their lead at the top of the table in order to win the division and gain promotion to the Southern Premier Division.

League Division 1B - after 2 of 3 fixtures

Posn	Team Name	League	Points
1	Havering AC	15	1203.8
2	Crawley AC	12	1156.1
3	Croydon Harriers	11	1138.3
4	Brighton & Hove	10	1114.9
5	Medway & Maidstone	10	1077.1
6	Herne Hill Harriers	6	987.6
7	Tonbridge AC	5	789.6
8	Bexley AC	3	648.3

Top team promoted to Southern Premier Division, along with the Winners of Division 1A.

U20M	A STRINGS	Pos.	Time/Dist			B STRINGS	Pos.	Time/Dist
200	Dan Lammas	6	24.1		200	Teddy Matthews	2	24.9
400	Dan Lammas	6	53.4		400	Teddy Matthews	2	53.8 PB
800	Shane Hart	3	2:05.0		800	Toby Johnson	4	2:12.2
LJ	Teddy Matthews	5	4.74		JT	Michael Tesi	4	30.91 PB
SP	Michael Tesi	2	9.07 PB		DT	Michael Tesi	3	32.11 PB
U17M								
100	Ryan Alexander	5	11.4 PB		400	Shea Sweeney	5	58.0 PB
800	Findlay McLaren	1	2:01.0		800	Shea Sweeney	4	2:16.8
3000	Freddie Rowe	1	8:59.9		1500SC	Freddie Rowe	1	4:28.2 PB
HJ	Ryan Alexander	2	1.70		HJ	Findlay McLaren	1	1.70 PB=
LJ	Shea Sweeney	7	3.62		TJ	Freddie Rowe	3	10.58 PB
SP	Freddie Hatcher	2	7.90		SP	James Brinton-Quinn	1	7.18
DT	James Brinton-Quinn	2	24.12 PB		DT	Freddie Hatcher	1	18.81
HT	Freddie Hatcher	2	16.80					
JT	Sam Burdett	3	39.96		JT	James Brinton-Quinn	1	25.91
4x400	Ryan 55.4, Freddie R 52.7,		<u> </u>	.9			1	3:37.3
U20W	A STRINGS	Pos.	Time/Dist			B STRINGS	Pos.	Time/Dist
100	Cassie Campbell	3	13.0		100	Precious Fagbadegun	3	13.1
200	Cassie Campbell	3	26.4		200	Ruby Tillson	1	26.5
3000	Charlotte Evans	3	11.56.2 PB		3000	Hannah Evans	1	13:03.4
HJ	Ruby Tillson	1	1.70		LJ	Precious Fagbadegun	5	4.04
SP	Ruby Tillson	4	8.44					
DT	Katie Ennis	1	33.12		HT	Katie Ennis	2	34.11
JT	Ruby Tillson	3	29.04 PB		JT	Katie Ennis	2	21.92
4x100	Mya Thomas U17, Ruby, C	assie, P					3	50.3
U17W	A STRINGS	Pos.	Time/Dist			B STRINGS	Pos.	Time/Dist
100	Mya Thomas	5	13.0		100	Fisola Fagbadegun	2	12.6 PB
200	Mya Thomas	4	26.5		200	Mary O-Sogbetun	5	29.1
300	Amy Mansell	3	43.0		300	Grace Tilson	4	48.7
800	Grace Tilson	7	2:46.3		800	Abigail Rogers	4	2:40.7
80H	Maggie Smith	2	12.3		80H	Oma Nwapa	1	12.4 PB
300H	Maggie Smith	2	47.2 PB		300H	Lucy Chapelhow	1	49.6
1500SC	Lucy Chapelhow	3	5:42.3 PB		1500SC	Scarlett Woods	1	6:39.8
HJ	Maggie Smith	2	1.50		HJ	Oma Nwapa	1=	1.40
PV	Scarlett Woods	1						
LJ	Amy Mansell	2	4.70		LJ	Oma Nwapa	1	4.44
TJ	Fisola Fagbadegun	4	8.76 PB		TJ	Grace Tilson	2	7.96
DT	Eboni Roach	1	28.44 PB		DT	Lucy Chapelhow	1	16.22
SP	Eboni Roach	1	11.76 PB		SP	Amy Mansell	1	10.44
JT	Scarlett Woods	2	24.02		HT	Eboni Roach	2	22.59
4x100	Grace, Mary Olubukola-Sog	7	54.3					
4x300	Oma, Maggie, Lucy, Amy	7	3:16.1					

Non Scoring: 100: Mary Olubukola-Sogbetun 13.8 PB; 800: Sam Burdett 2:22.9