



Life Members AGM Friday 15th March 2024

Life membership of Havering AC was awarded at the AGM to two club members for over 10 years' "exceptional and meritorious service"

The first of the two nominees for "exceptional and meritorious service" came to the club when her daughter joined in 2012 and as she was already a qualified Athletic Coach she joined the club's coaching team and took on a new young athletes group. Five years ago she took on her first team young athletes manager role in the EYAL and YDL and is now the most experienced of our young athlete team managers. A few years later she took on the vacant role of Coaching Coordinator and she joined the club Committee two years ago. **Jo Day**

The second was an excellent athlete with Newham & Essex Beagles in the 1980s, setting an impressive series of PBs at 800m and 1500m (& as he tells us! once beating former World 5000m record holder David Moorcroft!). He returned to athletics when his daughter joined the club in 2013 and offered to volunteer as a coach. As he was an experienced PE teacher we had no hesitation in accepting his offer and he soon qualified as an Assistant Coach and progressed quickly to rise to a Sprints event coach. His work background made him an ideal person to become the club's Welfare Officer 10 years ago when he also joined the club Committee. **Darren Priestley**

