



European Masters Championships Pescara Italy 21st Sept - 1st October 2023

Nina Brennan celebrated her first European Masters Championships appearance by winning a team bronze in the mixed 4x400m relay for the age 35-39 category held in Pescara, Italy last week.

After placing third in her age W35 400m heat and just missing out on final place earlier in the week with her 65.32s clocking, Nina combined with W35 400m hurdles gold medallist Emily Bonnett, M35 800m finalist Oliver Park and another 800m competitor Chris Lamb to finish third behind champions Spain and silver medallists Germany on Saturday.

The 400 strong GB team had a very successful championships, finishing second in the medal table to hosts Italy, with 280 podium places, including 109 gold.

