

## **South of England Under 20 & Senior Championships – Eton Saturday 8<sup>th</sup> & Sunday 9<sup>th</sup> June**

**Havering athletes celebrated a successful weekend at the South of England under 20 and Senior Championships at Eton as they won seven medals and improved a club record in the process.**

Ruby Tillson won gold and silver and improved her club high jump best. Having already won the under 20 high jump with her 1.73m clearance Ruby put the bar up to a new PB and club under 20 and senior record of 1.77m and cleared at her second attempt. She then came close to clearing 1.80m too. The combined event athlete also added long jump silver to cap a fine weekend.

Katie Ennis added another under 20 field event gold when she won the discus in a new season best while Peter Brinton-Quinn won senior javelin bronze to add to his South of England medal collection.

Steph Okoro took a step back from injury when she took U20 400m hurdles silver in a new season best while Cassie Campbell won her first medal at this level when she smashed her 200m PB to win bronze in the U20 event after setting new career marks in the 100m.

The seventh and final medal came late on Sunday when Matthew Agnimel lost out on gold by the narrowest margin in a photo finish in the senior 400m, sharing the same time as the winner.

**Senior Men:** 400: **2<sup>nd</sup>** Matthew Agnimel 47.90s **PB**; (Semi: 47.99s; Heat 50.19s): Heat: Akeem Akintokun 50.42s; 400m Hurdles: Heat: Isaac Ogunlade 55.89s; Javelin: **3<sup>rd</sup>** Peter Brinton-Quinn 59.58m

**U20 Men:** 800m Heat: Shane Hart 2:04.63s.

**Senior Women:** 100m hurdles: 4<sup>th</sup> Chloe Williams 14.63s (Heat: 14.79s)

**U20 Women:** 100m Heat: Cassie Campbell 12.79s; 200m **3<sup>rd</sup>** Cassie Campbell 25.29s **PB** (Heat: 26.00s); 400m hurdles: **2<sup>nd</sup>** Stephanie Okoro 61.23s (Heat: 62.23s); HJ: **1<sup>st</sup>** Ruby Tilson 1.77m; LJ: **2<sup>nd</sup>** Ruby Tilson 5.60m; DT: **1<sup>st</sup>** Katie Ennis 34.34m



