

Eastern Young Athletes' League, Cambridge Sun 2nd June 2024

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Havering AC	737	92	116	150	100	129	135
Cambridge & Coleridge	599	83	111	120	75	91	99
Colchester Harriers	425	51	101	36	56	86	80
Brentwood Beagles	344	51	39	55	44	76	64
Enfield & H/SS Athletics	276	95	40	13	69	35	14
Braintree & District	92	5	4	3	26	32	17

A third successive win for the Eastern Young Athletes League squad at a warm and sunny Cambridge University track on Sunday saw them confirm their unbeaten start to the season and almost certainly book their place in the end of season Top 6 Final.

As in the last round both Under 17 squads dominated their sections with 32 wins between them, with victories in 15 A string, 15 B string and both relay events. The **Under 17 Men** saw three athletes each win a hat trick of events, as the hurdles pair of Simeon Barker and Zak Williams added wins in the triple jump & B 400m (Simeon) and pole vault & javelin (Zak) to their hurdles wins. Maxwell Adeosun added a B high jump win to his B string 100m & 200m victories, as Emmanuel Asirifi-Otchere won both B sprint races. Ryan Alexander improved his high jump best for full points, and Findlay McLaren's PB won the 400m A race, and Ugo Godwin had a double win in the B triple jump and long jump, with Tobias Samuel winning the long jump A. There were B wins in the throws from James Brinton-Quinn (shot), Freddie Hatcher (discus) and Sam Burdett (javelin).

There were double wins for the **Under 17 Women** from Alicia Fairmaner, who set PBs in both 100m & long jump, Mya Thomas (B 100m & A 200m), Amy Mansell (200m B and shot B), Maggie Smith (A high and B long jumps), Eboni Roach (shot and discus), and Oma Nwapa (triple jump A & hurdles B), backed up by eight second places. A special mention to Under 15s Poppy Vines and Ruby Beasley who stepped up to score points in this age group. The mixed relay squads of Mya, Alicia, Maxwell and Emmanuel and Christine Atumonyogo, Thomas Backham, Amy and Tobias also added wins.

The **Under 15 Girls** recorded 12 wins and eight second places. Jessica Page won the 800m and javelin and her B string partners Orla Friel (800m) and Isobel Pridie also took full points. Tomilola Ojowolo won the long jump and B 100m, and Poppy Dent-Jones and Jasmine Asmal both set PBs in winning their hurdles strings as Jasmine added a B string 1500m win. There were also field event wins for Lila Chapelhow (discus), Kyra Sinclair (B long jump) and Dulce Smith-Rodriguez (B shot), and second place points for Jessie Lynes & Daisy Cossey-Atkins (300m A & B), Kara Adegite (100m), Emmie Lole (A 1500m) and Ome Nwapa (high jump B).

The **Under 15 Boys** were pushed all the way by the Cambridge hosts. Bode Thompson set PBs in both the 300m and high jump for a double win, and his B string partners also won with Jayden Wilkinson taking the 300m B (PB) and Oliver Cambridge equalling his best for a B high jump win. Sam Johnson also set a PB in winning the shot, and Harrison Rabess and Reggie Marshall took full points in the discus A & B strings. Other athletes with top two finishes were Teddy Monk (100m), Oliver West (B 800m), George Rogers (hurdles B), and Oba Samuel (shot B). The mixed Under 15 relay squads did well as the B squad of Tomilola, Ome, Aidan Doherty and Jayden won, and the A quartet of Kara, Poppy, Reggie and Teddy were runners up.

The **Under 13 Girls** also won well with ten wins thanks to doubles from Millie Cook in the 200m (PB) and 800m, Zeni Williams (1500m and javelin – both PBs), and Phoebe Lecomber (B 800m and javelin – PB). Chalene Bangne won the B 100m and was 200m B runner up, both in PBs, Siobhan Etemadi and Abigail Adegite won the hurdles races, and Abigail set a new PB in finishing second in the A 100m.

The **Under 13 Boys** were edged into second place. George Bangs again improved his best to win the 800m A race as Nathan Hathaway won the B and added second place in the hurdles. Tobi Oluborode Oluseye won the A long jump to leap into the club all-time top ten, and won the B 200m (PB) and was second in the 100m, while twin Timi improved his best for second place in the 200m A. Max Sillett won the B high jump and was second in both the B long jump and A shot (PB), as Michale lesser was second in both the B shot and javelin (both in PBs). The mixed Under 13 relay squads were both second, with Charlene, Millie, Timi & Tobi in the A foursome and Siobhan, Abigail, Nathan and Jack Rossington in the B quartet.

Havering are one of four unbeaten clubs and are second in the table behind Chelmsford on points, with the final match of four at Bedford at the end of July.

2024 Table (Top 6) after three matches (provisional)

1 CHELMSFORD 18 - 2197; 2 HAVERING 18 - 2093; 3 SHAFTESBURY BARNET 18 - 1986; 4 DACORUM 18 – 1838; 5 NORWICH 14 1680; 6 IPSWICH 14 1598