

National Youth Development League – Southern Premier, R3 Hornchurch 16th June 2024

Posn	Team Name	Points
1	Woodford Green	553.5
2	Blackheath & Bromley	549.0
3	Reading	498.0
4	Tonbridge	472.0
5	Winchester	437.0
6	Havering	422.5

Despite much stronger performances from the club's youngsters, including two more club records, another sixth place finish means that the YDL Under 13/15 squad will drop back into Division 1 next summer, after an impressive six year tenure in the Southern Premier Division.

Tobi Oluborode Oluseye improved his club **Under 13 Boys'** 75m record, set in the last round and also won the B 150m and A long jump, while his twin Timi won the B 75m in a new PB. George Bangs continues to improve and trimmed another second off his 800m best in second place. Nathan Hathaway improved his best for victory in the B high jump and Max Sillett equalled his long jump best in placing third in the B event. Jack Rossington joined Timi, Tobi and Nathan in the second-place sprint relay team which set a season's best.

The **Under 13 Girls** competed well and Millie Cook's strong finish won the 800m in a new PB and Millie was also third in both the 150m and high jump. Essex champion Siobhan Etemadi improved her legal hurdles best for second and Abigail Adegite also finished second in the B race, with both adding wins in the B high jump (Abigail) and long jump (Siobhan) respectively. Lucy Tregidgo improved her 800m best in finishing third in the B race.

Sam Johnson starred for the **Under 15 Boys** with two victories and PBs in both the hammer and shot, with his winning hammer throw equalling the second longest ever by a club U15. Harrison Rabess won the discus and Reggie Marshall was second in the B string. Jayden Wilkinson's long jump PB earned him second and Aidan Doherty finished strongly to shade his previous best and finish second in the 800m.

Lila Chapelhow was again the star performer for the **Under 15 Girls** adding five metres to her previous hammer best for victory and also setting a new PB for second in the discus, as Dulce Smith-Rodriguez was second in the B discus. Jasmine Asmal and Poppy Vines both set new marks in the 1500m in finishing second in their A & B strings.

Woodford again got the better of National Champions Blackheath & Bromley to top the table and both have qualified for the National Final with one match to spare. The final match at Tonbridge on 21 July will settle which of the hosts, Reading or Winchester will drop into Division 1 with Havering.

League after 3 of 4

Posn	Team Name	Total Points	League Points
1	Woodford	1618.5	17
2	Blackheath & Bromley	1666.5	15
3	Reading	1457.0	10
4	Tonbridge	1421.0	9
5	Winchester	1416.0	9
6	Havering AC	1161.0	3