



England Athletics U20, U23 & Senior Championships Birmingham Sat 20th & Sunday 21st July 2024

There were two gold medals for the club's representatives at the England Athletics Under 20, Under 23 and Senior Championships at Birmingham this weekend.

Last year's 400m hurdles silver medallist Stephanie Okoro went one better this year winning gold with her 60.11s clocking in breezy conditions which were not ideal for fast times on Sunday. But her win was not without controversy after the first athlete across the line Arabella Wilson, who last week had beaten Steph to English Schools gold, was disqualified for trailing her leg around the hurdles. Arabella had been disqualified for the same offence in her heat on Saturday but had been reinstated in the final line up after making a successful but was not successful with her appeal against Sunday's disqualification which delayed the medal presentation by an hour.

Ruby Tillson added England Athletics Under 20 women's high jump gold to the English Schools' senior girls' gold which she won in the same stadium last Saturday. Ruby again led throughout, just as she did last week, with first time clearances at 1.64m, 1.69m and 1.74m, before a third-time clearance at 1.77m saw her a clear winner as the other medallists Matilda Secker and Callie Coates failed their three attempts. Ruby had a very close failure at what would have been a new PB of 1.80m and it was then straight across to the hurdles where she improved her personal best to 14.22s to qualify for the final but decided not to contest the race after her successful day.

On Saturday Matthew Agnimel clocked a new career best of 47.39s in his men's 400m to move up to fifth in the club's all-time list, and Cassie Campbell completed the club line up timed at 25.83s in her Under 20 women's 200m heat.

