



Swedish Combined Events Indoor Champs – Stockholm Sun 16th Feb 2025

Havering Sports Competitor of the Year winner Ruby Tillson excelled in her first England Athletics international, winning the Under 20 pentathlon competing as a guest at the Swedish Combined Events Championships at Stockholm on Sunday.

Ruby's selection for her first overseas international came on the back of her silver medal in the recent England Athletics Under 20 pentathlon championships and she was part of a Team England squad of three athletes in the Under 20 and senior, men's and women's events in Stockholm.

She started strongly clocking 8.71s in the 60m hurdles, just one-hundredth shy of her recent PB, but her 1.67m high jump clearance and a shot putt of 9.42m were down on her usual marks, leaving her with a lot of ground to make up. But she bounced back to win the U20 long jump pool with a 5.57m last round leap, just a few inches short of her best and she lined up for the 800m in pole position but knowing that England teammate Ava John could overtake her in the standings as she had a much faster time. But Ruby's determination saw her through and her 2m 23.31s time, her fastest indoors and second fastest ever, saw her keep the gap behind John down to 5.3 seconds, giving her a final points score of 3780, just 24 points ahead of the Windsor athlete's 3756 tally which earned her runners up spot.

Ruby's points score also saw her finish fifth of the 28 athletes in the combined Under 20 and senior pentathlon, as Harrow athlete Bryony Bovell competing for the England Seniors was the overall winner.

