



Essex Cross Country League – Round 3 – Colchester Sat 16th November

The clash with the London Youth Games badly affected club teams at the third round of the Essex Cross Country League at Colchester Hilly Field on Saturday.

The **Senior Women** won for the second consecutive match and head the league table with two of the five fixtures to come. After a comfortable win in round two Kate O'Neill did not have it all her own way this time and came from behind late on to overhaul Basildon's Gemma Kersey for victory. Although missing three regular team members, the squad performed brilliantly as Bath University student Maddie Barker was 10th, just ahead of Morgan Campbell in 11th and Hannah Evans' 19th place ensured the team's tally was good enough to beat Colchester Harriers by three points. Charlotte Evans in 27th, Rebecca O'Rourke in 53rd, Clare Rudgley 115th and Jane Hallam in 132nd completed the line up.

Despite missing all four scorers from last time, a fourth-place finish for the **Under 15 Girls** was enough to give them a narrow lead at the top of the table. Daisy Cossey-Atkins in 17th was first club member home and Callie Ziepe (32nd), Olivia Bradbury 37th and Alex Field in 38th ensured a scoring four with Holly Bradbury and Skye Eastman just behind in 39th & 40th.

The **Senior Men** were third as Colchester Harriers made home advantage count ahead of league leaders Southend and Havering. James Stewart led the squad home for the first time in fourth with Kieran O'Hara not far behind in fifth. Ben Davis in 10th was closely followed by Rob Warner in 11th, and Sam Atkins 29th and Ryan Carroll 42nd completed the scoring team.

Charlie Burgess 52nd, Will Kirk 54th and Jason Lendon 58th were all in the top sixty. Barry Smith 77th, Nathan Hart 78th, Ian Anthony 80th, Matt Bland 89th and Rob Trevor 97th all ducked under the one hundred mark. Louis Berrett 132nd, Toby Johnson 153rd, Gary Atkins 156th and Steve Walker 157th were followed home by Darren Priestley 199th and Paul Berrett 209th who completed the twenty Havering runners.

The **Under 13 Boys** and **Under 15 Boys** both placed fifth. For the **Under 13s** Harrison Sewell was first home in 19th, with 21st placed Cruz Carvell and Archie Bright (28th) and Harrison Nolan (35th) the scorers ahead of Jack Rowlandson (36th), Cameron Smith (38th) with Samuel Kirk in 42nd. For the **Under 15s** Joe Sewell was 15th, Ethan Carroll was 21st and Sean Mugagga and George Burgess were the scorers in 24th and 40th.

There was just one club runner for each of the **Under 17 men** and the **Under 13 Girls** as Findlay McLaren was a seventh for the Under 17s and Inari Rawle placed 28th for the under 13 Girls.

A busy weekend saw club athletes in action at four other events.

Twenty-one club members represented the Havering Borough team in the London Youth Games at the tough Parliament Hill Course on Saturday. Freddie Rowe was highest placed, finishing a fine fourth in the Under 17 race, while in the Under 15 Girls' race Orla Friel was a good ninth and Poppy Vines 14th.

James Connor celebrated his England Call up by leading home the M40 team and winning his age group category at the home counties international on a tough undulating course in Belfast. James moved into the lead from second place behind the Scottish athlete with just over a kilometre to go, helping the England team finish third, behind strong Ireland and Scotland teams.

Lauren Reed returned from injury to represent Essex in the Southern Inter Counties 10k Championships held in conjunction with the Brighton 10k on Sunday. She was second placed W40 and 15th female finisher overall with her 36:35 clocking, as the Essex quartet were fourth.

There was a team bronze at the Eastern Counties Championships at Bury St Edmunds as Ginte Bailey (7th) Robyn Matson (9th) and Clare Davies (16th) edged out Hunts AC for a podium place.

Essex Cross Country League – Round 3 – Results

Senior Men (six to score): 4th James Stewart 26:17; 5th Kieran O'Hara 26:21; 10th Ben Davis 27:04; 11th Rob Warner M40 27:06; 29th Sam Atkins 27:48; 42nd Ryan Carroll U20 28:52; (**Team 2nd – 101 points**); 52nd Charlie Burgess U20 29:19; 54th Will Kirk M45 29:25; 58th Jason Lendon M45 29:34; 77th Barry Smith M45 30:36; 78th Nathan Hart 30:37; 80th Ian Anthony M45 30:42; 89th Matt Bland M55 31:06; 97th Rob Trevor M45 31:25; 132nd Louis Berrett 33:12; 153rd Toby Johnson U20 34:39; 156th Gary Atkins M55 34:45; 157th Steve Walker M55 34:48; 199th Darren Priestley M55 37:48; 209th Paul Berrett M60 38:33; **Teams:** 1st Colchester H 92; 2nd Southend 94; 3rd Havering 101; **League:** 1st Southend 4; 2nd Havering 7; 3rd Colchester H 10.

Veterans Teams (four to score): 1st Colchester H 100; 2nd Orion 135; 3rd Havering 200; **League:** 1st Orion 5; 2nd Havering 6; 3rd Colchester H 11.

Senior Women: 1st Kate O'Neill 25:43; 10th Maddie Barker U20 29:46; 11th Morgan Campbell 29:54; 19th Hannah Evans U20 30:48; (**Team 1st – 41 points**); 27th Charlotte Evans U20 32:00; 53rd Rebecca O'Rourke 34:14; 115th Clare Rudgley W50 41:02; 132nd Jane Hallam W55 44:33 **Div. 1 Teams:** 1st Havering 41; 2nd Colchester H 44; 3rd Chelmsford 50; 3rd; **League:** 1st Havering 4; 2nd Chelmsford 6; 3rd Colchester H 11

Under 17 Men: 3rd 7th Findlay McLaren 22:31 (**Team 7th**); **Teams:** 1st Chelmsford 14; 2nd Basildon 24; 3rd Harlow 38; ...7th Havering; **League:** 1st Basildon 5; 2nd Chelmsford 10; 3rd Harlow 12; ...6th Havering 22

Under 17 Women: None (**Team x**). **Teams:** 1st Chelmsford 24; 2nd Basildon 31; 3rd Colchester & T 36. **League:** 1st Basildon 6; 2nd Chelmsford 8; 3rd Colchester & T 107th Havering 29

Under 15 Boys: 13th Joe Sewell 15:16; 21st Ethan Carroll 15:56; 24th Sean Mugagga 16:12; 40th George Burgess 17:49; (**Team 5th - 98 points**); **Teams:** 1st Chelmsford 23; 2nd Basildon 30; 3rd Southend 61; ... 5th Havering 98; **League:** 1st Basildon 4; 2nd Chelmsford 10; = 3rd Brentwood Beagles & Southend 12; =5th Colchester H & Havering 15

Under 15 Girls: 17th Daisy Cossey-Atkins 18:15; 34th Callie Ziepe 19:40; 39th Olivia Bradbury 20:31; 40th Alex Field 20:47 (**Team 4th – 124 points**) 41st Holly Bradbury 20:50; 42nd Skye Eastman 20:50; **Teams:** 1st Chelmsford 22; 2nd Basildon 30; 3rd SS Athletics 67; ..5th Havering 130. **League:** =1st Havering; Basildon & Chelmsford 9.

Under 13 Boys: 10th Harrison Sewell 13:25; 21st Cruz Carvell 14:01; 28th Archie Bright 14:25; 35th Harrison Nolan 15:08; (**Team 5th – 94 points**) 36th Jack Rowlandson 15:09; 38th Cameron Smith 15:19; 42nd Samuel Kirk 145:49 **Teams:** 1st Chelmsford 33; 2nd SS Athletics 38; 3rd Basildon 54; 4th Brentwood B 93; 5th Havering 94; **League:** 1st SS Athletics 4; 2nd Chelmsford 7; 3rd Havering 9.

Under 13 Girls: 28th Inari Rawle 19:37 (**Team 8th**). **Teams:** 1st Chelmsford 36; 2nd SS Athletics 21; 3rd Colchester & T 58...8th Havering; **League:** 1st SS Athletics 5; 2nd Havering 14; =3rd Brentwood B & Colchester H 15



For more action & team photos see Havering AC Facebook Group (members only)