

## Masters - Women (as at 30<sup>th</sup> June 2024)

Any additions and amendments are welcome, particularly clarification about weights of implements in field events etc.

### 35-39

#### 100 Metres

<b>1</b>	<b>Chloe Williams</b>	<b>13.1</b>		<b>18<sup>th</sup> June 2023</b>
2	Lesley Felton	13.4		27 <sup>th</sup> September 1998
3	Ruth O'Sullivan	13.7	W40	16 <sup>th</sup> June 1999
4	Cathy Matthews	15.1		5 <sup>th</sup> April 2008

#### 200 Metres

1	Lesley Felton	27.3		27 <sup>th</sup> September 1998
2	Ruth O'Sullivan	27.8	W40	16 <sup>th</sup> June 1999
<b>3</b>	<b>Chloe Williams</b>	<b>28.38</b>		<b>15<sup>th</sup> July 2023</b>
4	Nina Brennan	29.01		25 <sup>th</sup> September 2022
5	Tina Quinlivan	30.2		12 <sup>th</sup> July 2014

#### 400 Metres

1	Lesley Felton	61.0	W40	4 <sup>th</sup> September 1999
2	Ruth O'Sullivan	61.1		10 <sup>th</sup> April 1993
<b>3</b>	<b>Nina Brennan</b>	<b>63.64</b>		<b>3<sup>rd</sup> September 2023</b>
<b>4</b>	<b>Chloe Williams</b>	<b>63.89</b>		<b>17<sup>th</sup> September 2023</b>
5	Tina Quinlivan	69.4		25 <sup>th</sup> April 2015

#### 600 Metres

1	Ruth O'Sullivan	1.46.4	W40	3 <sup>rd</sup> April 1999
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#### 800 Metres

1	Lesley Felton	2:20.7		30 <sup>th</sup> May 1998
2	Ginte Bailey	2:26.61		7 <sup>th</sup> August 2021
<b>3</b>	<b>Robyn Matson</b>	<b>2:44.20</b>		<b>11<sup>th</sup> June 2023</b>
4	Clare Rudgley	3:23.9		21 <sup>st</sup> April 2012

#### 1500 Metres

1	Ginte Bailey	4:51.87		14 <sup>th</sup> August 2021
2	Lauren Deadman	4:52.01		6 <sup>th</sup> June 2021
3	Lesley Felton	4:58.8		19 <sup>th</sup> August 1998
4	Christine Wilkins	5:07.0		20 <sup>th</sup> May 1989
5	Cathy Matthews	5:30.22	W40	6 <sup>th</sup> July 2008
6	Ruth O'Sullivan	5:34.7	W40	28 <sup>th</sup> August 2000
<b>7</b>	<b>Robyn Matson</b>	<b>5:42.01</b>		<b>15<sup>th</sup> July 2023</b>

#### 3000 Metres

1	Lauren Deadman	10:10.29		6 <sup>th</sup> June 2021
2	Ginte Bailey	10:28.20		31 <sup>st</sup> July 2021
<b>3</b>	<b>Robyn Matson</b>	<b>11:04.22</b>		<b>1<sup>st</sup> June 2024</b>
4	Lesley Felton	12:21.26	W45	2 <sup>nd</sup> July 2006
5	Dawn Hawes	12:41.5	W40	15 <sup>th</sup> July 2000
6	Jane Hallam	13:07.3	W45	18 <sup>th</sup> May 2013
7	Ruth O'Sullivan	13:24.0		4 <sup>th</sup> September 1993
8	Mo Lear	14:57.48		10 <sup>th</sup> August 2013
9	Hannah Connor	15:15.90		17 <sup>th</sup> August 2019

**5000 Metres**

<b>1</b>	<b>Lauren Reed (Deadman)</b>	<b>17:21.7</b>		<b>16<sup>th</sup> June 2023</b>
		(17:24.61)		13 <sup>th</sup> July 2019)
2	Ginte Bailey	18:39.78		11 <sup>th</sup> September 2021
<b>3</b>	<b>Robyn Matson</b>	<b>19:30.57</b>		<b>15<sup>th</sup> June 2024</b>

**Half Marathon**

<b>1</b>	<b>Lauren Reed</b>	<b>73:38</b>		<b>25<sup>th</sup> Feb 2024</b>
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**Marathon**

<b>1</b>	<b>Lauren Reed</b>	<b>2:38.02</b>	<b>W40</b>	<b>21<sup>st</sup> April 2024</b>
2	Debbie Appleton	2:48.38	W40	21 <sup>st</sup> April 2013
<b>3</b>	<b>Robyn Matson</b>	<b>3:03.37</b>		<b>23<sup>rd</sup> April 2023</b>
<b>4</b>	<b>Clare Davies</b>	<b>3:34.04</b>		<b>23<sup>rd</sup> April 2023</b>
5	Denise Harris	3:34.51		13 <sup>th</sup> Apr 2008
6	Tina Quinlivan	3:50.10		13 <sup>th</sup> April 2014
7	Lesley Gahagan	3:56.33	W50	26 <sup>th</sup> April 2009
8	Linda Smith	3:57.21	W50	18 <sup>th</sup> April 2004
9	Jane Hallam	3:57.32	W40	25 <sup>th</sup> April 2010

**60 Metres Hurdles**

<b>1</b>	<b>Chloe Williams</b>	<b>9.02 indoor</b>		<b>26<sup>th</sup> March 2023</b>
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**100 Metres Hurdles**

<b>1</b>	<b>Chloe Williams</b>	<b>14.48</b>		<b>13<sup>th</sup> May 2023</b>
2	Claire Brennan	16.92		7 <sup>th</sup> May 2017
3	Cathy Matthews	18.6	W40	26 <sup>th</sup> July 2008
4	Ruth O'Sullivan	20.0		13 <sup>th</sup> August 1994

**400 Metres Hurdles**

<b>1</b>	<b>Chloe Williams</b>	<b>65.98</b>		<b>22<sup>nd</sup> June 2024</b>
2	Claire Brennan	68.56		3 <sup>rd</sup> July 2016
3	Ruth O'Sullivan	71.5	W40	26 <sup>th</sup> June 1999
4	Cathy Matthews	74.3	W40	26 <sup>th</sup> April 2008

**1500m S/chase**

1	Tina Quinlivan	6:44.0		10 <sup>th</sup> August 2013
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**Long Jump**

1	Lesley Felton	4.35m		19 <sup>th</sup> July 1997
2	Cathy Matthews	4.24m	W40	28 <sup>th</sup> June 2008
3=	Maria Luck	4.22m	W45	11 <sup>th</sup> August 2002
3=	Claire Brennan	4.22m		21 <sup>st</sup> May 2017
5	Ginte Bailey	3.77m		27 <sup>th</sup> August 2022
6	Ruth O'Sullivan	3.71m	W40	28 <sup>th</sup> August 2000
<b>7</b>	<b>Robyn Matson</b>	<b>3.32m</b>		<b>11<sup>th</sup> June 2023</b>

**High Jump**

<b>1</b>	<b>Chloe Williams</b>	<b>1.41m</b>		<b>22<sup>nd</sup> June 2024</b>
2	Claire Brennan	1.40m		3 <sup>rd</sup> July 2016

**Triple Jump**

1	Claire Brennan	10.03m		16 <sup>th</sup> September 2018
2	Cathy Matthews	8.68m		26 <sup>th</sup> April 2008
3	Maria Luck	8.12m	W45	11 <sup>th</sup> August 2002
<b>4</b>	<b>Ginte Bailey</b>	<b>7.28m</b>		<b>5<sup>th</sup> August 2023</b>
5	Ruth O'Sullivan	6.84m	W40	4 <sup>th</sup> September 1999

<b>Pole Vault</b>				
1	Tina Quinlivan	2.90m ind (2.80m)		6 <sup>th</sup> February 2016 10 <sup>th</sup> June 2015)
2	Claire Brennan	2.60m		9 <sup>th</sup> April 2017
<b>3</b>	<b>Nina Brennan</b>	<b>1.85m</b>		<b>19<sup>th</sup> August 2023</b>
<b>Javelin</b>				
1	Claire Brennan	21.18m		21 <sup>st</sup> May 2017
2	Tina Quinlivan	13.98m		14 <sup>th</sup> July 2012
<b>Discus</b>				
1	Nina Brennan	23.84m		19 <sup>th</sup> September 2021
2	Claire Brennan	21.52m		17 <sup>th</sup> April 2016
<b>Shot</b>				
1	Claire Brennan	7.90m		18 <sup>th</sup> September 2016
2	Nina Brennan	7.86m		2 <sup>nd</sup> July 2022
<b>Hammer</b>				
1	Ruth Lovell	24.30m	W40	2 <sup>nd</sup> August 1997
2	Hannah Connor	18.97m		17 <sup>th</sup> August 2019
3	Nina Brennan	18.63m		7 <sup>th</sup> August 2021
<b><u>40-44</u></b>				
<b>100 Metres</b>				
1	Lesley Felton	13.5		15 <sup>th</sup> August 1999
2	Ruth O'Sullivan	13.7		16 <sup>th</sup> June 1999
<b>200 Metres</b>				
1	Lesley Felton	27.5		15 <sup>th</sup> August 1999
2	Ruth O'Sullivan	27.8		16 <sup>th</sup> June 1999
<b>3</b>	<b>Amy Leech</b>	<b>30.32</b>		<b>15<sup>th</sup> June 2024</b>
<b>400 Metres</b>				
1	Lesley Felton	61.0		4 <sup>th</sup> September 1999
2	Ruth O'Sullivan	61.4		26 <sup>th</sup> June 1999
<b>600 Metres</b>				
1	Ruth O'Sullivan	1.46.4		3 <sup>rd</sup> April 1999
<b>800 Metres</b>				
1	Lesley Felton	2:19.15		3 <sup>rd</sup> August 1999
<b>2</b>	<b>Amy Leech</b>	<b>2:48.74</b>		<b>15<sup>th</sup> June 2024</b>
<b>1500 Metres</b>				
1	Lesley Felton	4:59.3	W45	23 <sup>rd</sup> July 2005
2	Cathy Matthews	5:30.22		6 <sup>th</sup> July 2008
3	Ruth O'Sullivan	5:34.7		28 <sup>th</sup> August 2000
<b>3000 Metres</b>				
1	Lesley Felton	12:21.26	W45	2 <sup>nd</sup> July 2006
2	Dawn Hawes	12:41.5		15 <sup>th</sup> July 2000
3	Jane Hallam	13:07.3	W45	18 <sup>th</sup> May 2013
4	Ruth O'Sullivan	13:26.3	W45	4 <sup>th</sup> August 2002

<b>5000 Metres</b>					
1	Juliet Ward	24:51.7	W45		4 <sup>th</sup> July 2015
<b>Marathon</b>					
1	Debbie Appleton	2:48.38			21 <sup>st</sup> April 2013
2	Lesley Gahagan	3:56.33	W50		26 <sup>th</sup> April 2009
3.	Linda Smith	3:57.21	W50		18 <sup>th</sup> April 2004
4	Jane Hallam	3:57.32			25 <sup>th</sup> April 2010
<b>100 Metres Hurdles</b>					
<b>1</b>	<b>Claire Brennan</b>	<b>17.71</b>			<b>22<sup>nd</sup> June 2024</b>
2	Cathy Matthews	18.6			26 <sup>th</sup> July 2008
<b>400 Metres Hurdles</b>					
1	Claire Brennan	68.75			3 <sup>rd</sup> July 2021
2	Ruth O'Sullivan	71.5			26 <sup>th</sup> June 1999
3	Cathy Matthews	74.6			30 <sup>th</sup> August 2008
<b>High Jump</b>					
1	Claire Brennan	1.40m			20 <sup>th</sup> June 2021
<b>Long Jump</b>					
1	Cathy Matthews	4.24m			28 <sup>th</sup> June 2008
2	Maria Luck	4.22m	W45		11 <sup>th</sup> August 2002
3	Ruth O'Sullivan	3.71m			28 <sup>th</sup> August 2000
<b>Triple Jump</b>					
1	Cathy Matthews	8.64m			28 <sup>th</sup> June 2008
2	Maria Luck	8.12m	W45		11 <sup>th</sup> August 2002
3	Ruth O'Sullivan	6.84m			4 <sup>th</sup> September 1999
<b>Pole Vault</b>					
1	Tina Quinlivan	2.90m			18 <sup>th</sup> August 2017
2	Claire Brennan	2.70m			14 <sup>th</sup> August 2021
<b>Shot</b>					
<b>1</b>	<b>Claire Brennan</b>	<b>7.56m</b>			<b>18<sup>th</sup> June 2023</b>
<b>Javelin</b>					
1	Claire Brennan	20.51m			14 <sup>th</sup> August 2021
<b>Hammer</b>					
1	Ruth Lovell	24.30m			2 <sup>nd</sup> August 1997
2	Claire Brennan	14.21m			21 <sup>st</sup> August 2022
<b>45-49</b>					
<b>200 Metres</b>					
1	Lesley Felton	29.2			4 <sup>th</sup> September 2005
<b>400 Metres</b>					
1	Lesley Felton	63.4			3 <sup>rd</sup> August 2005
<b>800 Metres</b>					
1	Lesley Felton	2.23.61			17 <sup>th</sup> July 2005
<b>1500 Metres</b>					
1	Lesley Felton	4:59.3			23 <sup>rd</sup> July 2005

2024 Updates in **blue**

2023 Updates in **red**

**3000 Metres**

1	Lesley Felton	12:21.26		2 <sup>nd</sup> July 2006
2	Jane Hallam	13:07.3		18 <sup>th</sup> May 2013
3	Ruth O'Sullivan	13:26.3		4 <sup>th</sup> August 2002

**5000 Metres**

1	Juliet Ward	24:51.7		4 <sup>th</sup> July 2015
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**Marathon**

1	Lesley Gahagan	3:56.33	W50	26 <sup>th</sup> April 2009
2	Linda Smith	3:57.21	W50	18 <sup>th</sup> April 2004
3	Jane Hallam	3:57.32		25 <sup>th</sup> April 2010

**Long Jump**

1	Maria Luck	4.22m		11 <sup>th</sup> August 2002
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**Triple Jump**

1	Maria Luck	8.12m		11 <sup>th</sup> August 2002
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**50+****800 Metres**

1	Anne Gifford	2:57.6 (2:58.50)		20 <sup>th</sup> July 2019 26 <sup>th</sup> August 2019)
2	Ruth O'Sullivan	3:48.4		14 <sup>th</sup> July 2012

**1500 Metres**

1	Tracy O'Neill	6:58.71		17 <sup>th</sup> August 2019
2	Ruth O'Sullivan	7:46.9		14 <sup>th</sup> July 2012

**3000 Metres**

1	Ruth O'Sullivan	16:07.5		14 <sup>th</sup> July 2012
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**Marathon**

1	Lesley Gahagan	3:56.33		26 <sup>th</sup> April 2009
2	Linda Smith	3:57.21		18 <sup>th</sup> April 2004